

BLACK EAGLE

..... SPA



*Treatment
Menu*



A decorative illustration of two tulips in a light teal color, positioned on the left side of the page. One tulip is above the other, both facing right. The background of the page is a solid teal color with a subtle pattern of tulips in the top left corner.

Massage Treatments

Aromatherapy

FBM (60min R500 | 90min R700) BNS (30min R300 | 45min R350)

Massage with the use of aromatic essential oils to refresh, relax and soothe.

Swedish

FBM (60min R500 | 90min R700) BNS (30min R300 | 45min R350)

Medium to deep pressure massage aimed at increased blood circulation, mental and physical relaxation, decreased stress and muscle tension.

Deep Tissue

FBM (60min R550 | 90min R750) BNS (30min R350 | 45min R400)

Involves applying firm pressure and slow strokes to reach deeper layers of muscle - relieves chronic aches and pain, stiff neck and upper back, low back pain, leg muscle tightness, and sore shoulders.

Indian Head Massage

(30min R300)

A relaxing holistic treatment that uses acupressure on the head, face, neck and shoulders.

Foot, Leg and Ankle Massage

(45min R350)

A relaxing massage to relieve sore and tired feet and muscles.



Body Treatments

Full Body Exfoliation

(30min R300)

This lavish exfoliation with either Salt or Sugar Scrub gently eliminates all traces of dull skin cells and impurities. After the exfoliation, an application of softening body butter is applied, leaving the body fully quenched and silky smooth.

Full Body Exfoliation with Swedish Massage

(90min R750)

The ultimate body treatment - exfoliation with your choice of scrub, followed by a full body Swedish massage. Leaves you feeling rejuvenated and exquisitely relaxed.

Revitalising Back Treatment

(45min R500)

A treatment that stimulates the lymphatic system, rejuvenates the nervous system and awakens the skin at cellular level. Great for congested back area as well as tense muscles in the back, neck and shoulders. Includes exfoliating mud scrub and moisturizing effleurage.



Body Treatments

Nourishing Body Wrap

(60min R550)

This treatment replenishes and soothes dry skin. It begins with a purifying salt and oil scrub, then a warm blend of oils and deeply nourishing body balm is applied before the body is wrapped and a relaxing scalp massage enjoyed. The skin will be soft, supple and all moisture deeply replenished.

Detoxifying and Muscle Ease Body Wrap

(60min R550)

This complete body treatment helps relieve muscle stiffness and joint soreness, promotes relaxation and aids in detoxification. This treatment combines a gentle exfoliation and the nourishment of a clay wrap whilst enjoying a relaxing scalp massage.





Facials

Express Aloe Facial

(30min R350)

Experience the natural benefits of Aloe Vera with an introductory facial suitable for all skin types which includes a cleanse, tone, exfoliation and moisturiser.

Classic Aloe and Rose Facial

(60min R450)

This Aloe Vera facial includes a cleanse, tone, exfoliation, facial massage, Rose Clay facial mask and Aloe Vera moisturiser and is suitable for all skin types. Enjoy a hand, foot or scalp massage during mask application.

SKNLogic Facial

(60min R580)

A tailor-made facial for a variety of skin types – each product specifically chosen for your skin type. Includes skin mapping, cleanse, tone, exfoliation, facial massage, mask and moisturizer. Enjoy a hand, foot or scalp massage during mask application.

Deep Cleanse Facial

(75min R530 / with SKNLogic R600)

This facial includes a cleanse, tone, exfoliation, facial steaming and extractions, facial massage, mask and moisturiser and is suitable for combination to oily skin types. Enjoy a hand, foot or scalp massage during mask application.

A decorative illustration of a flower with long, thin petals, rendered in a light teal color, positioned on the left side of the page. The background features a teal gradient with a subtle pattern of palm fronds in the top left corner.

Manicures & Pedicures

Express Manicure

(30min R200)

Nail shape, cuticle treatment, nail polish

Express Pedicure

(30min R220)

Nail shape, cuticle treatment, nail polish

Classic Manicure

(60min R280)

Soak, exfoliate, hand massage, nail shape, cuticle treatment, nail polish

Classic Pedicure

(60min R300)

Soak, exfoliate, foot massage, nail shape, cuticle treatment, nail polish

Deluxe Manicure

(75min R360)

Soak, exfoliate, hand massage, hand mask, nail shape, cuticle treatment, nail polish

Deluxe Pedicure

(75min R380)

Soak, exfoliate, foot massage, foot mask, nail shape, cuticle treatment, nail polish



Manicures & Pedicures

Gelish Nail Polish

(Add R150)

Gel Soak-Off

(No cuticle work R100)

Gentleman's Manicure

(60min R280)

Soak, exfoliate, hand massage, hand mask, nail shape, cuticle treatment

Gentleman's Pedicure

(60min R300)

Soak, exfoliate, foot massage, foot mask, nail shape, cuticle treatment



A decorative illustration of two stylized flowers with long, thin stems, rendered in a light teal color. The flowers are positioned on the left side of the page, with one slightly behind and to the right of the other. The background of the page is a solid teal color, with a lighter teal patterned area in the top left corner.

Enticing Spa Packages

Pick-Me-Up Package

(90min - R795 pp)

30 min back, neck and shoulder massage
30 min express aloe facial
30 min express pedicure
Refreshing fruit smoothie

Body Booster Half-Day Package

(4 hrs - R1 340 pp)

60 min full body massage
60 min classic aloe and rose facial
30 min express manicure
30 min express pedicure
Spa breakfast or lunch

Soul Soother Half-Day Package

(4 hrs - R1 170 pp)

30 min Indian head massage
30 min back, neck and shoulder massage
60 min classic manicure
60 min classic pedicure
Spa breakfast or lunch

Enticing Spa Packages

Indulgence Full-Day Package

(6.5 hrs – R1 980 pp)

Spa breakfast
60 min full body massage
60 min nourishing body wrap
60 min classic aloe and rose facial
60 min classic manicure
60 min classic pedicure
Spa lunch

Stress Relief Overnight Package

(5 hrs – R2 850 single | R5 050 for 2 people sharing)

60 min full body massage
60 min detox and muscle ease body wrap
60 min classic aloe and rose facial
60 min classic manicure or pedicure
Spa lunch
Luxury accommodation including breakfast



SPA HOURS

Sunday and Monday – Closed
Tuesday, Wednesday, Friday and
Saturday – 9am to 5pm
Thursday – 12pm to 8pm

CONTACT

Tel: 011 958 5225
Email: spa@blackeaglehotel.co.za
Web: www.blackeaglehotel.co.za

